

Express Boxed Lunches

Sandwiches- \$12

Includes Choice of 2 Sides

Sandwiches and Wraps

Club Sandwich

Turkey, Ham, Bacon, American, Lettuce, Tomato,
Wheat Bread or Wrap

California Club

Turkey, Bacon, Provolone, Avocado Mayo, Lettuce,
Tomato, Ciabatta Bread or Croissant

French Dip

Sliced Roast Beef, Caramelized Onions, Swiss,
Ciabatta Bread, Au Jus

Italian Cold Cut

Ham, Salami, Cappicola, Provolone, Lettuce,
Tomato, Onion, Italian Dressing, Sub or Wrap

Ham & Swiss

Ham, Swiss, Lettuce, Tomato, Mayo, Sub Bun or
Croissant

Turkey & Provolone

Turkey, Provolone, Lettuce, Tomato, Mayo, Sub
Bun or Croissant

Roast Beef & Cheddar Sub

Roast Beef, Cheddar, Lettuce, Tomato, Mayo, Sub
Bun or Croissant

Mozzarella Caprese

Fresh Buffalo Mozzarella, Tomato, Fresh Basil,
Olive Oil, Ciabatta Bread

Grilled Chicken Caesar Wrap

Chicken Breast, Romaine, Olives, Tomato,
Provolone, Caesar Dressing

Grilled Chicken Wrap

Chicken Breast, Lettuce, Tomato, Provolone, mayo

Vegetable Wrap

Marinated Mushrooms, Shredded Carrots,
Cucumber, Black Olives, Diced Tomato Romaine,
Swiss & Colby Cheese

Tuna Salad

Skipjack Tuna, Onion, Celery, Egg, Mayo, Lettuce,
Tomato, Choice Bread

Chicken Salad

Chicken Breast, Onion, Celery, Apple, Mayo,
Lettuce, Tomato, Choice Bread

Chicken Pesto

Pesto Marinated, Grilled Chicken Breast, Provolone
Pesto Mayo, Lettuce, Tomato, Ciabatta Bread

Sides

Pasta Salad

Fruit Salad

Potato Salad

Macaroni Salad

Seafood Salad

Side Salad

Caesar Salad

Coleslaw

Chips

Whole Fruit

Hummus & Veggies

Yogurt

Cookie

Brownie

Ward Catering- Express Boxed Lunch Menu
For Parties of 8 or More

Boxed Salad- \$12.95

Salads (choice of one)- all salads come with choice of Corn Bread Muffin, Focaccia Bread, or Cookie

Mixed Green Salad with Grilled Chicken

Iceberg, Romaine, Grape Tomato, Cucumber, Carrot, Choice Dressing

Chef Salad

Ham, Turkey, Tomato, Onion, Egg, Cucumber, Cheese

Caesar Salad (add Chicken)

Romaine, Caesar Dressing, Parmesan Cheese and Black Olives, Croutons

Spinach Salad

Baby Spinach, Romaine, Dried Cranberries, Almonds, Oranges, Raspberry Vinaigrette

Greek Salad

Romaine, Iceberg, Feta Cheese, Red Onion, Black Olive, Cucumber, Grape Tomato, Lemon Vinaigrette

Cobb Salad

Mixed Greens, Diced Chicken, Bacon, Egg, Tomato, Olives, Blue Cheese, Cheddar, Avocado Ranch

Asian Salad

Napa Cabbage, Red Cabbage, Green Onions, Shredded Carrots, Chinese Noodles, Mandarin Oranges

Grilled Steak Salad

Sliced Flank Steak, Mixed Greens, Diced Tomato, Corn, Onion, Queso Fresco Cheese, Scallion Ranch

Buffalo Chicken Salad

Romaine, Iceberg, Grape Tomato, Egg, Carrot, Cheese, Buffalo Chicken, Ranch Dressing

Pecan Chicken Salad

Romaine, Candied Pecans, Dried Cranberries, Oranges, Chicken, Balsamic Vinaigrette

BBQ Chicken Chopped Salad

BBQ Chicken, Cucumber, Tomato, Red Onion, Corn, Crumbled Bacon, Cheddar, BBQ Ranch

Chicken Salad Platter

Homemade Chicken Salad on a Bed of Greens with crackers, grapes, and Cheese Cubes

Grilled Salmon Salad

Grilled Salmon, Mesclin Mixed Greens, Tomatoes, Pickled Red Onions, Cucumbers, Balsamic Vinaigrette

Antipasto Salad

Mixed Greens, Ham, Salami, Provolone, Olives, Tomatoes, Italian Dressing

Dressing Choices

Ranch, French, Italian, Caesar, Raspberry Vinaigrette, Blue Cheese, Balsamic Vinaigrette, Scallion Ranch, Avocado Ranch

Grain Bowls- \$12.95

Fajita Bowl

Yellow Rice, Choice of Chicken, Steak\$,
Shrimp\$, Sautéed Pepper and Onions,
Roasted Corn, Black Beans, Diced Tomatoes,
Sour Cream, Salsa

Mediterranean Bowl

Couscous, Marinated Olives, Artichokes,
Roasted Red Peppers, Feta, Spinach, Chick
Peas, Greek Vinaigrette

Asian Chicken Bowl

Grilled Chicken, Jasmine Rice, Shredded Red
Cabbage, Julienne Carrots, Mandarin Oranges,
Green Onions, Crispy Noodles, Asian Sauce

Pork Bowl

Brown Rice, Tender Braised Pork, Slaw,
Roasted Corn, Black Beans, tomatoes, Cotija
Cheese, Avocado Cream Sauce or BBQ

Earth Bowl

Couscous, Roasted Butternut Squash, Brussel
Sprouts, Carrots, mushrooms, tomatoes,
Almonds, Fresh Herbs, Lemon & Olive Oil

Teriyaki Chicken Bowl

Grilled Chicken, Jasmine Rice, Stir Fry
Vegetables, Teriyaki Glaze